

“Crunchy” Family-Friendly Christmas Shopping Ideas

For Babies and Toddlers

1. **Natural Wooden Toys**
 - Eco-friendly, non-toxic toys that inspire imaginative play.
 - Example: Montessori-style stacking blocks.
2. **Silicone Teethers and Oral Motor Tools**
 - BPA-free teethers designed for soothing gums and oral development.
 - [\[Link to Your Oral Motor Shopping List\]](#)
3. **Organic Cotton Clothing**
 - Soft, chemical-free fabrics for sensitive baby skin.
4. **Reusable Snack Bags**
 - Eco-friendly alternatives to plastic for on-the-go snacks.

For Kids

1. **DIY Craft Kits**
 - Natural art supplies like beeswax crayons or plant-based paints.
 - Example: Build-your-own birdhouse kit.
2. **Books on Mindfulness and Kindness**
 - Stories that teach life lessons and foster emotional well-being.
3. **Balance Bikes or Scooters**
 - Encourage outdoor play and gross motor development.
4. **Eco-Friendly Bath Toys**
 - Made from sustainable materials like natural rubber or bamboo.

For Parents

1. **MyoFunctional and Lactation Tools**
 - Support for oral health and breastfeeding success.
2. **Essential Oil Blends**
 - Holiday-themed blends like "Cinnamon Spice" or "Wintergreen Calm."
3. **Glass or Stainless Steel Water Bottles**
 - Durable and free of harmful chemicals for hydration on the go.
4. **Subscription to a Wellness Box**
 - Monthly deliveries of organic snacks, eco-friendly home goods,
 - or health products.

For the Whole Family

1. **Family Game Night Sets**
 - Board games made from sustainable materials.
 - Example: Cooperative games that promote teamwork.
2. **Reusable Advent Calendar**
 - Fill with homemade treats or small, meaningful surprises.
3. **Zero-Waste Kitchen Starter Kit**
 - Includes beeswax wraps, glass storage jars, and reusable produce bags.
4. **Outdoor Exploration Gear**
 - Items like binoculars, nature journals, or stargazing guides.

Special Section: Oral Motor, MyoFunctional & Lactation Gift Ideas

- Introduce the Link: “Support healthy habits and growth this season with our specially curated Oral Motor, MyoFunctional, and Lactation Shopping List.”